

How Many Hours a Day Should You Practice Assignment

Read the article listed with the same name as this assignment on a tab under "Assignments" on the band website. Please use complete sentences and proper grammar/punctuation when completing this assignment.

1. Is the act of practicing in and of itself enough to achieve mastery of a musical instrument? Why or why not?

2. You can practice a piece for hours, days, or weeks without it improving? How is this possible?

3. Real, on-stage confidence comes from three things. What are they and why are they important?

a.

b.

c.

4. Why is repetition important during practicing? How can repetition actually *hurt* the way your practice and the results you're striving for?

5. Fill in the blanks: Few musicians take the time to stop, analyze _____ went wrong, _____ it happened, and _____ they can correct the error permanently.

Choose one of the **5 Keys for More Effective Practice**. Turn this page over and write one paragraph (3-5 sentences in length) about how you will implement this strategy into your practice sessions for the next week.